

Opening Times

We are open daily from 9:00 AM until 6:00 PM

Certified Divers

The marine life around Six Senses Laamu is unique, with some of the most beautiful, untouched hard coral gardens in the Maldives. Tourism in the area is in its infancy with very few divers in the region. There is a large variety of fish life with encounters of grey reef sharks, white-tip reef sharks, barracudas, stingrays, big napoleon wrasses and of course turtles.

We take you diving on typical local boats also called Dhonis, which are specially fitted for diving. With maximum 6 divers to a guide we keep the groups small. This makes the diving very safe and guarantees you a personal service and unforgettable dive experiences.

Morning and Afternoon Dive - Daily we take you to one of our many dive sites in the area for a single dive. The reefs are 15 minutes to one-hour boat ride away.

2 Tank Dive – Regularly you can join our 2 tank dives where we take you to two different sites with a one-hour surface interval between the dives. We are back before lunch and you have the opportunity to join the afternoon boat.

Full Day Dive Excursion - Enjoy a beautiful day on our comfortable dive boat, we will take you to some of our dive sites a bit further afield. Depending on demand we will do 2 to 3 dives. We will have lunch and refreshments on board.

House Reef Diving - Dive our house reef independently or with a guide during the day or early evening. You have easy access directly from the dive centre jetty.

Night Dive - Life on the reef changes at night, some fish are actually sleeping and others come out to hunt. Don't miss out on this exciting experience and join us for our weekly night dive either on the house reef or on the boat.

Early Morning Dive - For the early bird who is curious about what happens on the reef at sunrise and who would like to know which fish is the first to wake up. We offer early morning dives on a regular basis. We leave before the sun comes up and can be back in time for breakfast.

Private Dive Excursions – It is possible to tailor a dive trip just for you and your family.

NITROX diving is at no additional charge!

Dive Equipment Collection

We can arrange for your dive equipment to be collected and brought to the dive centre where it will be well taken care of and remain stored in our equipment room for the duration of your stay.

Contact Us

The Ocean Dimensions Dive Centre is located at the Over Water and our team looks forward to seeing you there to arrange your diving. It is also possible to contact us on extension 6464 during our regular opening times or via your GEM.

Dive Insurance

It is recommended not essential to have dive insurance.

The Dive Centre can assist you with arranging a short term policy with DAN Europe.

Discover Scuba Diving

With our international team who speak English, German, French, Italian, Spanish, Dutch and Japanese we conduct PADI and Pro-NRC courses from the first step into the water up to the first professional level.

PADI Bubblemaker - These dives are for our young guests between 8 – 10 years of age. We have special equipment to take you diving in the shallow water of our lagoon as many times as you like.

Resort Dive - This is for you if you don't want to take a course but still would like to do some diving. 12 meters is the depth limit and there is already plenty to see.

PADI Scuba Diver - A short course which takes 3 days and includes 3 theory lessons, 3 lagoon sessions and 2 dives to 12 meters. You receive an international certification, which allows you to dive to 12 meters with an instructor.

PADI Open Water Diver - This course takes 5 days and includes 5 theory lessons, 5 lagoon sessions, 2 dives to 12 meters and 2 dives to 18 meters. You receive an international certification, which allows you to dive independently.

Diving Price List

Dives	Tank & Weights
1 – 4 per dive	66
5 – 9 per dive	63
10 – 14 per dive	60
15 and more - per dive	57

Nitrox at no additional cost!

Boat Trips

Single boat trip	19
2 Tank boat trip (refreshments included)	34
Full day boat trip (lunch and refreshments included)	60

Equipment Rental

BCD	7
Regulator	7
Computer	7
Wetsuit	7
Set - BCD, Regulator, Wetsuit & Computer	24
Lamp	10
U/W camera ½ day	45
GoPro Camera ½ day	50
Mask, fins & snorkel	Complimentary

PADI Diving Courses

Bubble Maker	80
Resort Dive (1 dive)	120
Resort Dive (3 dives)	310
Open Water Diver Course	830
Scuba Diver Course	545
OWD Referral Course	410
Upgrade SD to OWD	410
EFR - First Aid Course	190

Above courses include: equipment, course books, log book and certification fees.

Advanced OWD Course	550
Rescue Course	660

*Advanced, Rescue and Specialty courses include: books, certification fees.
Equipment is not included.*

Ocean Dimensions – Diving



Specialty Courses

Nitrox Course Level	200
Shark & Ray Diver	145
Sea Turtle Diver	145
Digital U/W Photography	295

Other specialty courses like: Naturalist, Navigator, Peak Performance Buoyancy, Search & Recovery, Equipment, Multilevel, Drift, Deep and Night Diver are available on request

DAN Short Term Insurance

Please contact our staff for the various options.

All prices are in US dollars and are subject to 10% service charge and government tax at the prevailing rate.

Opening Times

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The Maldives – due to its abundant marine life is a famous destination for snorkeling. Especially the southern Atolls are well known for their largely untouched and beautiful coral reefs. If you wish to learn more about what there is to see, would rather not go snorkeling on your own or just not sure where to go? Don't miss out and come snorkeling with us every day! We will take you snorkelling on a daily basis either on a guided tour along our beautiful house reef or on a boat excursion.

Snorkeling Equipment

During our regular opening times you can visit the dive centre to collect your snorkeling equipment. Our staff will be more than happy to help you with the equipment, and inform you of the best snorkeling areas and the marine life that can be observed. Other equipment, such as underwater cameras and snorkel vests are also available.

Activities

Guided tour along our House Reef - We meet at the dive centre and after a briefing by our experienced snorkel guide about the interesting marine life you will encounter, we take you on a 45 – 60 minutes snorkel tour getting in and out of the water conveniently right at the dive school jetty. Many different kind of colourful reef fish like snappers, surgeon fish, schools of jackfish and maybe even a turtle or an eagle ray are out there waiting for you.

Snorkel Trip by Boat ½ Day - There are more sites to discover apart from our beautiful house reef. By local Dhoni we take you to different spots for a change of scenery. A knowledgeable guide will accompany and assist you and make your snorkelling trip unforgettable. The marine life is plentiful and count on discovering napoleon wrasses, anemones with the two different kinds clown fish we only encounter here in the Maldives and of course the big tunas that are ever present.

Night Snorkeling - Once a week we offer you the opportunity to experience something different and special. Did you know that at night parrotfish wrap them selves in a cocoon of mucus to avoid detection by predators? Puffer fish find a cosy sleeping spot usually right on top of a piece of coral. Lobsters, crabs, moray eels and lion fish come out to hunt at night. You will discover all this equipped with a torch when you join our night snorkelling experience!

Snorkel Course - For guests new to snorkeling we offer this course, where we explain how to prepare and use the equipment and start practicing snorkeling skills in the sheltered water of the lagoon proceeding with a guided tour along the house reef.

Please register a day in advance for any of the snorkel programmes above.

Ocean Dimensions – Snorkeling



Snorkeling Price List

Excursions

Guided tour along our House Reef	30
Snorkel trip by boat ½ day (refreshments included)	50
Snorkel trip by boat full day (lunch and refreshments included)	135
Night snorkeling by boat (includes under water lamp)	55
Night snorkeling on the house reef (includes under water lamp)	35

Equipment Rental

Mask, Fins and Snorkel	Complimentary
Snorkel Vest per day	7
Wetsuit ½ day	7
Under Water Camera ½ day	40
GoPro Camera ½ day	50

Snorkel Course

Snorkel Course (1 ½ hours)	50
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Opening Times

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As one of the most southern water sports centres in the Maldives we offer a wide range of activities to suit every interest and level of experience. Whether you have never tried or you are already proficient at the sport come and have some fun and thrills with us!

With the perfect location on the beach, first class instructors and equipment Ocean Dimensions will make your stay unforgettable.

Activities

Stand up Paddle Boarding or SUP - It has become a very popular sport - number one reason being that it is fun, quick and easy to learn. We have flat water paddle boards, which are ideal for calm waters in our lagoon. Our staff will set you up on the board, give you some hints and tips and in no time you are off exploring the island. And here is some good news for all the ladies – in general woman are better stand up paddle boarders than men as they are shorter which gives them better balance.

Kite Surfing – Is an exhilarating activity, that lets you experience the power of the wind. Depending on the conditions we kite right in front of the center or off a beautiful sandbank near by. Best time is when the monsoon changes April/May and November /December. We stock Naish Kites and Shinn boards.

Wake Boarding, Knee Boarding, Wake Skate and Water Skiing - If you are looking for power and speed why not try wakeboarding or waterskiing! We explain the first steps to you on the beach and off we go - it is really easy and fun.

Windsurfing - Our crystal blue lagoon looks inviting and provides the perfect environment for windsurfing, suiting both the beginner and intermediate. If you are a windsurfer already the equipment is free of charge. Lessons are available for any one wanting to learn.

Catamaran Sailing - For those in search of a more relaxing activity our catamarans provide a refreshing change. Our captain will take you on ½ day excursions to a local island, snorkelling, looking for dolphins or towards the sunset. If you are a sailor already you can take the catamaran out on your own after we have checked your sailing license and skills.

Canoes - Slowly paddle around the lagoon or island - this is a more leisurely way to enjoy a day in paradise.

Ocean Dimensions – Water Sports



Tubing/Blast Rides - Are you looking for an adrenaline rush but do not want to learn a new sport? We have a variety of inflatable rings and tubes available for great blast rides that will make you scream for more. Come and try the Six Senses Sofa!

Speed Boat Excursions - Another alternative to relaxing on the beach are private excursions by speedboat. Ocean Dimensions offer private surfing, snorkeling, dolphin watching, local village visits and island joy rides. Tell us what you would like to do and we will tailor an excursion for you.

Contact Us

The Ocean Dimensions Water Sports Centre is located on the beach on the South Western side of the island next to the Leaf restaurant and we look forward to seeing there to arrange your water sports activities. It is also possible to contact us on extension 6466 during our regular opening times or via your GEM.

Ocean Dimensions – Water Sports



Price List

Equipment Rental and Activities

Canoe	Complimentary
Windsurfing	Complimentary
Catamaran	Complimentary
Stand up paddle board (1 hour)	15
Kite Surf Rental (1 hour)	60
Water Ski (15 minutes)	60
Wake Board (15 minutes)	60
Knee Board (15 minutes)	60
Blast Rides per person (10 Minutes)	42

Water Sports Lessons (prices are per person)

Water Ski (20 minutes)	75
Wake Board (20 minutes)	75
Catamaran	
Private lesson (1 hour)	75
Refresher course (3 hours)	210
Short course (5 hours)	270
Basic course including certification (10 hours)	425
Windsurfing	
Private lesson (1 hour)	65
Fun course (3 hours)	180
Short course (5 hours)	225
Basic course including certification (10 hours)	400
Swimming	
Lagoon lesson with ASA/NARS certified Instructor (1 hour)	50

Excursions

Canoe Safari	Guided canoeing tour - price per person (1 hour)	48
Catamaran	Sailing Safari with captain - maximum 2 persons (1 hour)	75
	Sailing Safari with captain - maximum 2 persons (2 hour)	145
	Sailing Safari with captain - maximum 2 persons (3 hour)	210
Kite Surfing	Guide with rescue boat (1 hour)	60
Speed Boat	Snorkeling, Dolphin watching or Atoll Tour (maximum 4 persons)	
	Charter (1 hour)	195
	Charter (3 hours)	470
	Charter (6 hours)	820

Opening Times

We are open daily from 9:30 AM until 6:00 PM

Activities

Surfing - Only a few surf safari boats come all the way down south to surf the breaks of the Laamu Atoll. Being the only resort in this Atoll our surfers have the break to themselves most of the time. The best time for the wave is from April to October when wind and swell are at their optimum. Already from the resort you can see the impressive white spray of the most famous break in the Atoll the Yin Yang which breaks on the outer reef of the local island Hithadhoo.

The resort has six breaks in the vicinity.

The Corner - Beginner / Left

Petrol Head – Intermediate / Left

Jetty C – Intermediate / Left

Gaadhoo – Experienced / Left

Maamendhoo – Intermediate / Left

Yin Yang – Experienced / Right

There are five other breaks in the Laamu Atoll, which are further away and can be reached by speedboat or a full day Dhoni excursion.

Machines – Experienced / Right

Bedhuge – Experienced / Right

Refugees – Experienced / Right

Refugees – Experienced / Left

Isdhoo Bank – Experienced / Right

Maava – Beginner – Intermediate / Left

Swell and wind condition forecasts are available at the Water Sports Centre.

Close by Breaks – The Corner and Jetty C are an easy paddle from the resort to the house reef where they break. Both work best on a SW swell and a NE wind. A drop off service can be arranged from the Water Sports Centre.

The “Yin Yang” and “Gaadhoo” are accessible by boat due to isolation, location and currents. These work at all stages of the tide. Low water creates a fast hollow inside section, whilst the outside breaks in the deeper water offering a mellow wave. With the right conditions the outside and inside can link up producing up to a 200m wave.

Schedule – During the surf season the Ocean Dimensions Rib or Dhoni will take you there. We offer three excursions daily departing at 7:00 AM, 10:00 AM and 15:00 PM.

Please Note: you are required to book in advance to secure your place and guest are requested to meet at the Water Sports Centre 10 minutes prior to departure.

Ocean Dimensions – Surfing



Lessons – There is an internationally qualified surfing professional on site offering:

Beginner Lessons - 1 to 2 hours, conducted in the lagoon in relatively safe deeper water.

Intermediate Lessons - taught on any of the three house reef breaks as the conditions dictate.

Advanced and Performance Analysis – conducted on the Yin Yang.

We have rental boards available plus we carry spares for your surfing needs such as: Leashes, Reef Booties, Water Proof Bags, Surf Hats, Wax, Solar Cure Resin, Surf Sun Glasses and Rash Guards.

Contact Us

The Ocean Dimensions Water Sports Centre is located on the beach on the South Western side of the island next to the Leaf restaurant and we look forward to seeing you there to arrange your surfing activities. It is also possible to contact us on extension 6466 during our regular opening times or via your GEM.

Ocean Dimensions – Surfing



Surfing

Surf Season is from April – October

Equipment Rental

Surfboard (2 hour / day / 6 days)

25 / 45 / 250

Lessons (prices are per person)

Surf Basics - Introduction, theory, dry practical, lagoon practical (1 hour)	80
Surf Beginner / Intermediate - Theory, dry practical & lagoon plus on the wave (2 hours)	145
Surf Safari - 3 day package with lessons & surf pass (6 hours)	445
Intermediate Lesson - On the wave practical (1 hour)	75
Turning Lesson - Wake surfing behind the boat (20 minutes)	90
Introduction Group Lesson - Minimum 4 persons description as per surf beginner (2 hours)	100

Excursions

Surf Drop off (Jetty C only)	25
Single morning or afternoon pass (close by breaks e.g. Yin Yang)	69
One day pass (close by breaks e.g. Yin Yang)	125
Full day excursion 8 hours (East/West Atoll breaks e.g. Machines) min. 3 persons	159
Six day pass	655
None Surfer – join am/pm trip sightseeing to close by breaks (space dependent)	20
Speed Boat Charter	
3 hours - includes one \$69 single am/pm pass, safety guide, water and towels	470
6 hours - includes one \$125 one day pass, safety guide, water and towels	820

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