



SIX SENSES SPA

NINH VAN BAY

## SPA MENU

Six Senses Spas offer a layered approach that unites a pioneering spirit with treatments that go beyond ordinary. At Six Senses, you will find an intuitive mix of science and human awareness, where our high-tech and high-touch approach defines a service that is crafted around the individual. Delivered through our locations and specialist skills, we will take you as deep as you would like to go, from core beauty that changes the way you look to specialist treatments that can change your life.





## MASSAGES

Foot Acupressure	30 mins	VND 885,000
Hot Stone Therapy	90 mins	VND 2,585,000
Indian Head Therapy	60 mins	VND 1,430,000
Jet Lag Recovery	90 mins	VND 2,585,000
Manual Lymphatic Drainage Massage	60 mins	VND 2,000,000
Six Senses Signature Massages: <i>Holistic / Oriental / Energizer</i>	60 mins / 90 mins	VND 1,869,000 / VND 2,520,000
Swedish Massage	60 mins / 90 mins	VND 2,300,000 / VND 3,000,000
Thai Massage	60 mins / 80 mins	VND 2,415,000 / VND 3,000,000
Vietnamese Massage	60 mins / 90 mins	VND 2,300,000 / VND 3,000,000

## FACIALS

Atoxylene Oxygen Treatment	45 mins	VND 2,000,000
Facial for Him	60 mins	VND 1,870,000
Gentlemen's Deluxe Facial	90 mins	VND 2,520,000
Gentlemen's Essential Facial	60 mins	VND 1,870,000
Lymphatic Detox Facial	60 mins	VND 1,870,000
Opulence Oxygen Treatment	60 mins	VND 2,000,000
Rejuvenate and Atoxylene Treatment	90 mins	VND 3,000,000
Rejuvenate Oxygen Treatment	60 mins	VND 2,000,000
Six Senses Signature Facials: <i>Aroma Skin / Nourishing / Purifying / Soothing</i>	60 mins / 90 mins	VND 1,870,000 / VND 2,520,000
Thai Silk Facial	60 mins	VND 1,535,000

## WELLNESS THERAPIES

Chakra Balancing	20 mins	VND 550,000
Reiki	60 mins	VND 1,580,000

## BODY TREATMENTS

Blanda Body Polish	45 mins	VND 1,050,000
Centella Body Wrap	45 mins	VND 1,050,000
Citrus Body Polish	45 mins	VND 1,050,000
Detoxifying Green Tea Body Polish	45 mins	VND 1,050,000
Gentlemen's Energizing Lime and Mint Body Polish	45 mins	VND 1,050,000
Gentlemen's Aroma Vitality Body Polish	45 mins	VND 1,045,000
Green Coffee Body Treatment	2 hrs 30 mins	VND 3,240,000
Kumquat and Basil Body Polish	45 mins	VND 1,050,000
Six Senses Signature Body Scrubs: <i>Normal skin / Oily skin / Sensitive Skin</i>	30 mins / 60 mins	VND 950,000 / VND 1,750,000
Six Senses Signature Body Wraps: <i>Body Refiner / Body Toner / Detoxifier</i>	60 mins	VND 1,950,000
Refining Body Scrub with Micronized Algae Wrap	2 hrs 20 mins	VND 3,240,000
Sunburn Soother	45 mins	VND 1,325,000
Vietnamese Fruit Smoother	45 mins	VND 1,430,000

## RITUALS

Detox and Rejuvenate	2 hrs 30 mins	VND 3,900,000
Detoxifier Mini Day Escape	3 hrs	VND 4,180,000 per person VND 7,350,000 per couple
Essential Detox	120 mins	VND 3,500,000
Full Day Spa Escape	4 hrs 30 mins	VND 6,930,000
Marine Detox	120 mins	VND 3,500,000
Men's De-Stress	2 hrs 30 mins	VND 4,020,000
Mini Day Spa Escape	2 hrs 30 mins	VND 4,075,000
Oriental Mini Day Escape	2 hrs 30 mins	VND 4,020,000 per person VND 7,185,000 per couple
Pampering Mini Day Escape	3 hrs 20 mins	VND 4,095,000 per person VND 7,330,000 per couple
Romantic Hideaway	3 hrs	VND 8,715,000
Sensory Spa Journey	90 mins	VND 3,000,000
The Nomad – Gentlemen's Journey	120 mins	VND 3,750,000
Vietnamese Well-being Journey	2 hrs 30 mins	VND 4,410,000

## BEAUTY

Spa Manicure	50 mins	VND 651,000
Spa Manicure with Polish	60 mins	VND 756,000
Spa Pedicure	50 mins	VND 735,000
Spa Pedicure with Polish	60 mins	VND 861,000
Waxing:		
Upper Lip	30 mins	VND 861,000
Chin	30 mins	VND 861,000
Brow	30 mins	VND 861,000
Underarm	30 mins	VND 830,000
Half Leg	45 mins	VND 966,000
Full Leg	60 mins	VND 1,407,000

## WELLNESS ACTIVITIES

Yoga	60 mins	VND 1,900,000
Tai Chi	60 mins	VND 1,515,000
Stretching	60 mins	VND 1,555,000
Meditation	60 mins	VND 1,900,000
Basic Massage Workshop	60 mins	VND 1,305,000

All prices include tax and service charge.

