



SIX SENSES SPA

ZIGHY BAY

SPA MENU

Six Senses Spas offer a layered approach that unites a pioneering spirit with treatments that go beyond ordinary. At Six Senses, you will find an intuitive mix of science and human awareness, where our high-tech and high-touch approach defines a service that is crafted around the individual. Delivered through our locations and specialist skills, we will take you as deep as you would like to go, from core beauty that changes the way you look to specialist treatments that can change your life.





MASSAGES

Ayurveda Aromatherapy – Padabhyang	75 mins	OMR 62
Balinese Massage	60 mins	OMR 52
Bamboo Massage	90 mins	OMR 72
Deep Tissue Massage	60 mins	OMR 52
Foot Acupressure	60 mins	OMR 52
Hot Stone Massage	90 mins	OMR 72
Indian Head Massage	60 mins	OMR 52
Jet Lag Recovery	90 mins	OMR 72
Six Senses Signature Massages: <i>Detox / Energizer / Holistic / Oriental</i>	60 mins/90 mins	OMR 52/OMR 72
Thai Herbal Massage	90 mins	OMR 80
Thai Massage	90 mins	OMR 72

FACIALS

Arabian Facial	60 mins	OMR 52
Ayurveda Aromatherapy - Mukha Chikitsa	75 mins	OMR 72
Gentleman's Facial	60 mins	OMR 67
Margy's Men's Fuel Facial	60 mins	OMR 95
Margy's Men's Fuel Facial plus Hair Hydration Treatment	75 mins	OMR 110
Margy's Collagen Facial	60 mins	OMR 137
Margy's Prestige Collagen Facial	90 mins	OMR 167
Six Senses Signature Facials: <i>Nourishing / Purifying / Soothing</i>	60 mins/90 mins	OMR 52/OMR 72

BODY TREATMENTS

Six Senses Signature Scrubs <i>Calming / Clarity / Vitality</i>	60 mins	OMR 47
Six Senses Signature Wraps <i>Body Refiner / Body Toner / Detoxifier</i>	90 mins	OMR 72

WELLNESS THERAPIES

Margy's Intensive Hammam Treatment	90 mins	OMR 170
Reiki	60 mins	OMR 47
Royal Moroccan Hammam	90 mins	OMR 92
Traditional Moroccan Hammam	60 mins	OMR 62

Prices are quoted in OMR and are subject to 8.4% service charge and 9% government tax.

RITUALS

Aphrodite Bath		OMR 25 for 2 people
Sensory Spa Journey	90 mins	OMR 110
Six Senses Bath Rituals		OMR 25 for 1 or 2 people
Zighy Beauty	3 hrs 30 mins	OMR 145
Zighy De-stress	3 hrs	OMR 110
Zighy Detoxifier	4 hrs	OMR 150
Zighy Romance	2 hrs 30 mins	OMR 225 for 2 people
Wonders of Oman	3 hrs	OMR 120

BEAUTY

Hair Hydration	60 mins	OMR 42
Manicure	60 mins	OMR 27
Nail Polish Application	30 mins	OMR 12
Pedicure	60 mins	OMR 32

FITNESS

Personal Fitness Training	60 mins	OMR 42
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